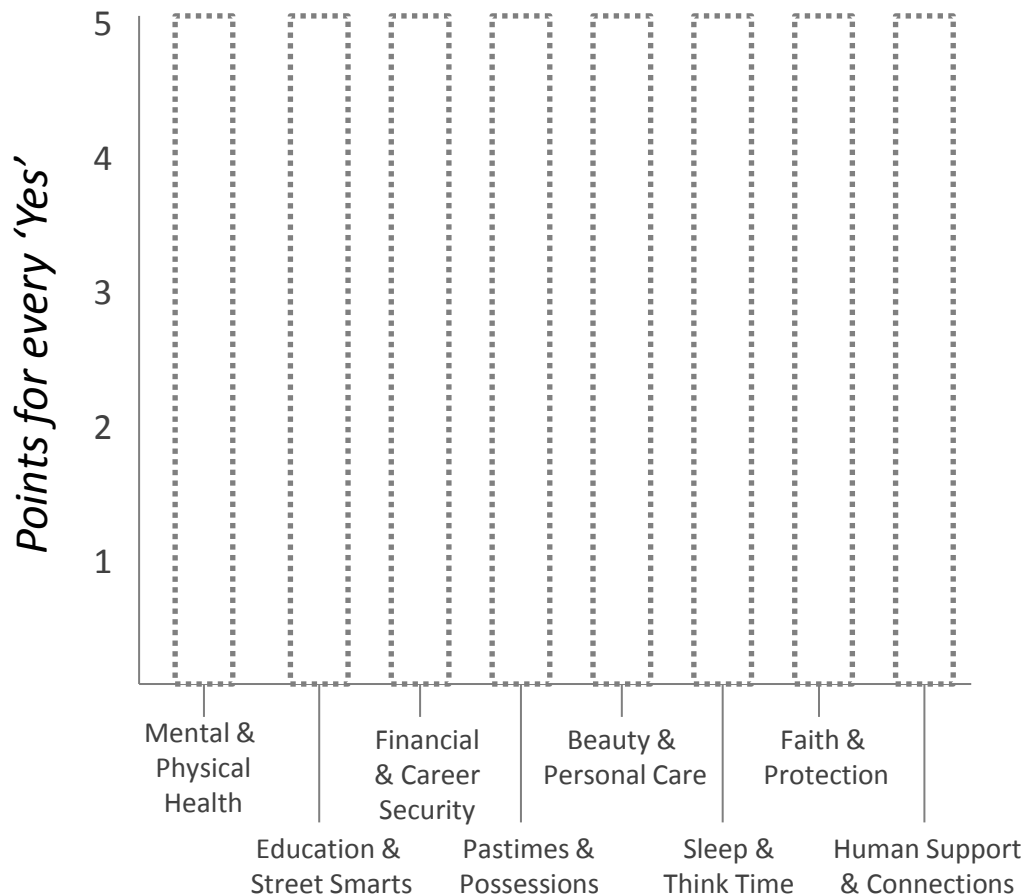


Personal Confidence Dashboard

Ask yourself these questions for each Key Confidence Indicator(KCI). For each question you answer Yes, give yourself one point in that KCI. Color in your point totals below to get a visual observation of your current overall core confidence.

1. Can you justify the time and money you spend (or don't spend) on this?
2. Do you feel in control of this KCI more than 75% of the time?
3. Do you take deliberate action to improve this KCI every week?
4. Do you have realistic benchmarks to accurately measure your level in this KCI?
5. Do you have a response mechanism to take action when this KCI is stressed?



Key Confidence Indicators (KCIs)